

# Soma Wellness

## Consent for Treatment

**General Information:** Due to the adversity of modalities offered at Soma Wellness, your treatment may include any or all of the following general modalities: Chiropractic, Oriental Medicine, Physical Medicine, Electro Medicine, Homeopathy and Nutritional Counseling.

**Methods, Procedures and Therapeutic Approaches:** Clinicians may perform any of the following procedures as necessary to give proper assessment, determine treatment approaches, treat or otherwise address your health concerns.

**General Diagnostic Procedures:** (including but not limited to neurological and musculoskeletal assessments).

**Acupressure:** Traditional Chinese medical massage and manual therapy.

**Infrared Heat:** Applying heat generated by an infrared lamp over a specific area of the body.

**Dermal-Friction Technique:** Friction is applied topically to the skin using a smooth object to relieve symptoms.

**Cupping:** Plastic cups are placed on the skin with a vacuum created by heat or a suction device.

**Dietary Advice:** Suggestions for nutrition and herbal food products.

**Liniments, Oils, Plasters:** Herbal formulas applied topically to the skin.

**Herbs/Natural Medicines:** Prescribing of various therapeutic substances including plants, minerals and animal materials. Substances may be given in the form of teas, pills, powders, tinctures, - may contain alcohol, topical creams, pastes, plaster washes, suppositories or other forms.

Homeopathic remedies, often highly diluted quantities of naturally occurring substances, may also be used.

**Soft Tissue and Spinal Manipulation:** Use of massage, neuro-muscular technique, muscle energy stretching or visceral manipulation, as well as manipulations of the extremities and spine including traction and cranio-sacral therapy.

**Electromagnetic and Thermal Therapies:** Includes the use of ultrasound, low and high volt electrical muscle stimulation, transcutaneous electrical stimulation, micro-current stimulation, diathermy, infrared and ultraviolet therapies, moxa and hydrotherapies.

**Potential Risks:** These include, but are not limited to: pain, discomfort, blistering, bruising, discolorations, infection, burns, dizziness, loss of consciousness or deep tissue injury from needle insertions, topical procedures, heat or frictional therapies, electromagnetic and hydrotherapies; broken needle; allergic reactions to prescribed herbs or supplements; soft tissue or bone injury from physical manipulations; and aggravation of pre-existing symptoms and dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture ((pneumothorax).

**Patients with bleeding disorders, pacemakers or pregnant should inform the practitioner prior to receiving treatment.**

**Potential Benefits:** Restoration of health and the body's maximal functional capacity, relief of pain and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or its progression.

**Notice to Pregnant Women:** All female patients must alert the doctor if they know or suspect that they are pregnant, since some of the therapies used could present a risk to the pregnancy.

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Signature of Patient or Guardian

DATE

### Patient Notice of Billing Practice and Office Policy

Services provided at Soma Wellness are payable at the time of service.

- We accept: Cash, Visa, Mastercard, Discovery and Personal Checks.
- Insurance is billed as a courtesy for our patients (in most case), this arrangement is accepted, after the deductible is met for the year. Your co-payment is due at time of services.

### Private Insurance

Billing is a service provided to the client as a courtesy. We allow a 60-day grace period for your insurance to respond to our claims. If the insurance does not respond within 60 days, the full balance is due and payment is required. Most insurance policies do not cover herbal medicines and supplements. Our preference is to **ALWAYS** work with our patients directly, however, we reserve the right to forward any balances that remain unpaid to a collection service and you may be assessed additional fees that are in addition to your clinic charges. Should you have a question regarding a collection balance due, we will direct you to the collection service representative for resolution.

### Cancellation and Missed Appointment Policy

Please notify the clinic at least 24 hours in advance if you are unable to make your appointment. If no notification is given within 24 hours you will be charged \$ 75.00.

I have read the above and understand my financial responsibility to Soma Wellness. If I have additional questions I will ask to speak to someone prior to my appointment.

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Patient or Guardian Signature

Date