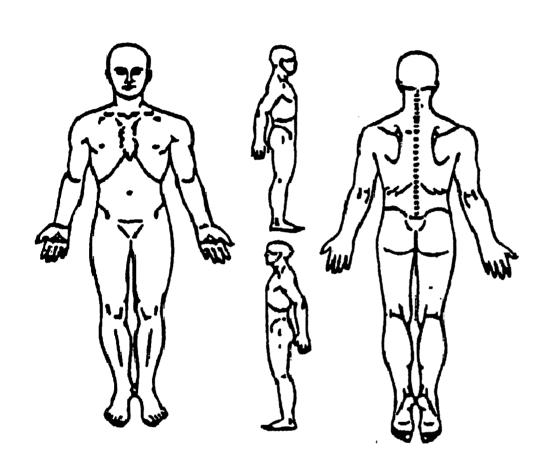
## How Are You Doing

This form is to be completed at initial exam and at each follow-up appointment.

Patient Name:	Date:
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Primary Complaints: Please mark area and circle Quality of Pain that pertains to your visit today



## Quality of Pain

Headache/Migraine

Stabbing

Numbing

**Tingling** 

Dull/Achy

Sharp

Shooting

Pin/Needles

Fatigue

Burning

Tightness

Throbbing

Diffuse

Popping/Grinding

## **Patient Pain Evaluation**

Please rate the following pain levels: pain scale is based on 0-10

0 = pain free/no pain, 10 = worst pain imaginable

Current level of pain: 0 1 2 3 4 6 7 8 9 10

Worst pain level in PAST 24 HOURS: 0 1 2 3 4 5 6 7 8 9 10

<u>Least level</u> in **PAST 24 HOURS**: 0 1 2 3 4 5 6 7 8 9 10

What time of day is your pain level at its worst: Morning Mid-day Evening Bed-time

**Pain Frequency** 

Pre-treatment: Occasional 0-25% Intermittent 25-50% Frequent 50-75% Constant 75-100%

Post-treatment: Occasional 0-25% Intermittent 25-50% Frequent 50-75% Constant 75-100%

Currently, what is the duration of post-treatment relief (# of days) \_\_\_\_\_ or Unknown (first session)